



Sunday Masses (Webcam):

*SS John & Paul Church : Saturday 6:30 pm.
Sunday 12 noon.*

Mary Immaculate Church : Sunday 10:30 am

Daily Masses (Webcam):

*Mary Immaculate Church : Tuesday -Friday 10 am
Saturday: 11 am*

SS John & Paul Church : Friday 7 pm

Est. 1967

SHANNON PARISH NEWSLETTER

**Parish Office: 4, Dún na Ri, Shannon
Tel 061 363243**

*Tuesday to Friday: 10 am - 1 pm
(lunch 1 pm - 2 pm) 2 pm - 5 pm*

Fr. Tom Whelan Co-PP: 087 273 0299

Fr. Michael Geraghty Co-PP: 087 992 6519

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Tune in and Follow us on

Radio 105.6 FM for Mass from SS John and Paul
Webcam: <https://www.shannonparish.ie/web-cam/>



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March 9th, 2025 - First Sunday of Lent

Priest on duty this week: Fr. Michael Geraghty

Our Prayers and Sympathies to: Anne Brennan, on the death of her brother Michael Fallon, Ennis. Nolette McDonagh, on the death of her sister Eileen O'Sullivan, Dromahane, Cork. May they rest in eternal peace.

Months Mind Mass for: Mary Molloy will be celebrated Saturday, March 15th at 6.30pm in SS John and Paul Church.

First Anniversary Mass for: Eileen Mannix will take place Saturday, March 15th in SS John and Paul Church at 6.30pm.

Anniversaries: Bill Carton, Frank Carew, Pauline Cooney and deceased members of the Cooney and O'Grady family, Frank Kenny, Noreen Kenefick, Kate Hynes, Gerard McGettigan, Paddy McKeown, Mick McLoughney, Sylvia McNamara, Martin Moloney, Colm Mulkeen, John and Margaret Mulqueen, Karl Richter, deceased members of the Riordan family, John Roodcroft, Michael and Nora Shanahan, Kitty Watson and all those whose anniversaries occur at this time.

Last Sunday's Collection

Last Sunday's collection was €1,983. As ever, we thank you for your continued support and great generosity.

Shannon Active Retirement

Shannon Active Retirement's next meeting will take place Wednesday, March 12th at 11am in the Oakwood Hotel's Conservatory. New members are welcome.

Sanctuary Lamps



Sanctuary lamps lasting four months in our Churches for special intentions are available for €25. Donations can be left into the Sacristy or Parish office with your intentions list. Donors intentions this week are for Kathleen Ryan.

Matt Talbot Novena

The Annual Matt Talbot Novena will continue on Wednesday, March 12th, at 7pm in Tulla Church with Mass and Benediction. Fr. Tom Ryan from Ennis Cathedral will be the celebrant on the night accompanied by Emma Murray, a leader in the youth section of the Killaloe Lourdes Programme. Attending this Novena will be a meaningful Lenten commitment.

Lenten Video Series for Jubilee of Hope 2025



During the season of Lent, Holy Week and Easter Octave Bishop Fintan will share short daily messages (between 30 seconds and one minute) centred around the theme of *Hope* each day. This will be available on the main social media platforms, Facebook, Linked-in, X (formerly Twitter), Instagram, Bluesky, Youtube and Tiktok. Some of the messages are from Bishop Fintan and many of them will also be from various people around the diocese, clergy, laity, women and men, young and old. You are welcome to view and share. Happy Jubilee of Hope!

Reflection

The gospel of this Sunday places Jesus at the river Jordan after his baptism and filled with the Holy Spirit he left that region he went to the wilderness. We are called to go to the wilderness of our own lives, to that place where we can be with our deepest truths.

Lord, we like to remain on the banks of the river Jordan, where we bust ourselves with external activities, e.g. organising communities, entering into relationships, pious devotion, academic discussion or serious liturgies.

We pray that during these forty days of Lent we may allow ourselves to be led by the Holy Spirit into the depths of ourselves, into the wilderness, away from the world of achievements where we can face up to the evil tendencies that are active within us.

Our feeling that as children of God we have the right to dominate the world as we will. Our yearning for the power and the glory of earthly kingdoms. The subtle ways in which we try to manipulate, even you Lord.

We need not be afraid of this wilderness experience, Lord, because even if we have to face evil in ourselves, we will also discover, like Jesus, that trust in your love is a law written deep within us, and when the devil has exhausted all these ways of tempting us, he will leave.

Lord, give us the courage to face the truth of ourselves and to enter that truth, knowing that you are by our side on this journey and as you trusted in God the Fathers love, you invite us to trust in that same love.

Amen

ENTRANCE ANTIPHON

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

PENITENTIAL ACT

You raise the dead to life in the Spirit:
Lord, have mercy. **Lord, have mercy.**

You bring pardon and peace to the sinner:
Christ, have mercy. **Christ, have mercy.**

You bring light to those in darkness:
Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy..... **Amen.**

OPENING PRAYER

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects.

Through our Lord Jesus Christ, your Son.....

✠ LITURGY OF THE WORD ✠

FIRST READING Deuteronomy 26:4-10

A reading from the book of Deuteronomy.

Moses said to the people: "The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

'My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and out-stretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.' You must then lay them before the Lord your God, and bow down in the sight of the Lord your God".

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps 90:1-2.10-15

R. Be with me, O Lord, in my distress.

1. He who dwells in the shelter of the Most High and abides in the shade of the



FIRST SUNDAY OF LENT

Although we are strongly drawn to follow Jesus, we will experience strong conflicts and temptations to follow "other gospels". If we stay with Jesus in prayer and friendship we can overcome such conflicts.
9th March 2025

Almighty says to the Lord: 'My refuge, my stronghold, my God in whom I trust!' **(R)**

2. Upon you no evil shall fall no plague approach where you dwell.

For you has he commanded his angels, to keep you in all your ways. **(R)**

3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. **(R)**

4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory. **(R)**

SECOND READING Romans 10: 8-13

A reading from the letter of St Paul to the Romans

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved. *The word of the Lord. Thanks be to God.*

GOSPEL ACCLAMATION

**Praise to you, O Christ, king of eternal glory!
Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!**

GOSPEL Luke 4.1-13

A reading from the holy Gospel according to Luke.

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days.

During that time he ate nothing and at the end he was hungry. Then the devil said to him, "If you are the Son of God, tell this stone to turn into a loaf." But Jesus replied, "Scripture says: Man does not live on bread alone."

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, "I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours." But Jesus answered him, "Scripture says:

You must worship the Lord your God and serve him alone."

Then he led him to Jerusalem and made him stand on the parapet of the Temple. "If you are the Son of God", he said to him "throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone." But Jesus answered him, "It has been said: You must not put the Lord your God to the test." Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

The Gospel of the Lord.

Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow for following three lines:
**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**



For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

✠ LITURGY OF THE EUCHARIST ✠

Pray brothers and sisters,.....

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

Give us the right dispositions, O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable and sacred time. Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

COMMUNION ANTIPHON

One does not live by bread alone, but by every word that comes forth from the mouth of God.

PRAYER AFTER COMMUNION

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord.

